



CURRICULUM VITAE

CV SECTION 1: Employment History/Awards

NAME

Amy Poston Lentz

ADDRESS

1173 Campus Delivery
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PHONE

(970) 491-0822

EDUCATION

2007 MS, University of Kentucky

2002 BS, University of Kentucky

ACADEMIC POSITIONS

January 1, 2024 - Present Instructor, Horticulture - Plant Propagation and Horticultural Crop Production and Management, CSU - Horticulture and Landscape Architecture Dept., Fort Collins, Colorado, United States.

2021-2023 - Extension Agent, Horticulture, Ag., Regular 12 Month Salaried (Extension Unit)

2020-2021 - Extension Agent, Horticulture, Ag., Regular 12 Month Salaried (Extension Unit)

2019-2020 - Extension Agent, Horticulture/Agriculture, Weld County, Greeley, Regular 12 Month Salaried (Extension Unit)

HONORS AND AWARDS

2024, Western Extension Directors Association Award of Excellence in Extension Programming Team Award, Western Extension Directors Association, Fairbanks, AK, United States.

2023, Distinguished Early Career Service, Epsilon Sigma Phi, Zeta Chapter, Fort Collins, CO, United States.

2020, Distinguished Early Career Service, Epsilon Sigma Phi, Zeta Chapter, Fort Collins, CO, United States.

2020, Distinguished Team Award - Grow & Give Team, Colorado State University Extension, Fort Collins, CO, United States.

2016, Alltech Innovation Competition, Alltech, Nicholasville, Kentucky, United States.

CV SECTION 2: Publications/Scholarly Record

PUBLISHED WORKS

Books

O'Meara, C. A., Blunt, T. D., **Lentz, A.**, Parmenter, D., Henson, Y., O'Neal, P., Goldhamer, D. A. *Colorado Vegetable Guide*.: CSU Extension., Not Peer Reviewed/Refereed

Walters, D., Kailey, B., Lowstuter, D., **Lentz, A.**, Baker, D., Uchanski, M. E., Holley, J., Craver, J. K., Goldhamer, D. A., Henson, Y., Cook, J., Oleszak, H. N. *Greenhouse Fact Sheets*.: CSU Fact Sheets., Peer Reviewed/Refereed

Lee, M., Henson, Y., Henson, A., Henson, S. E., Henson, Y. E., Henson, R. E. (2023). *Colorado Seed Guide*.: Colorado State University., Peer Reviewed/Refereed

Langston, M., **Lentz, A.** *Weld County Extension Website - Agriculture/Food Systems Posts* (pp. 42).: Weld County Extension Website - Weld County Government., Not Peer Reviewed/Refereed

Dice, C., **Lentz, A.**, H., Lashell, B. (2020). *Employee Tailgate Training* (pp. 12).: N/A., Peer Reviewed/Refereed

Curriculum

Lentz, A. Plant Propagation, HORT 260 – 001 and HORT 260 – 801. Online course modules with lab component for both in-person and online students. (Spring 2024 and Fall 2024)

Lentz, A. Horticulture Crop Production and Management, HORT 454 – 001 and HORT 454 – 801. Online course modules for both in-person and online students. (Spring 2024 and Fall 2024)

Lentz, A. Landscape for Life - Sustainable Cities Presentations and Manual (draft version). *Sustainable Cities Curriculum for CSU Extension*.: CSU Extension Curriculum., Not Peer Reviewed/Refereed

Ortiz Castro, M. C., **O'Connor, A. S.**, **Lentz, A.** (2023). *Green School Online Curriculum*.: CSU Professional Education Canvas Course., Peer Reviewed/Refereed

Ortiz Castro, M. C., **Lentz, A.**, Hilgert, C. (2023). *Green School Online Curriculum*.: CSU Professional Education Canvas Course., Peer Reviewed/Refereed

Clifford, J. J., O'Connor, A. S., **Lentz, A.**, Schrenker, D., Anderson, C., Gains, S. A., Wentworth, G., Mi, S., Clark, N., Krause, L. A., Lucero, M. A., Webb, A., Beckley, S., Guardado, S., Shonle, I. K. (2022). *Garden to Kitchen Curriculum*.: Colorado State University Extension., Not Peer Reviewed/Refereed

Garden Notes

Carter, S. L., **Statewide, O.** (2023). Garden Note 617, 618, 631, 632: Pruning Evergreens, Homework, Tree Placement. In Susan Carter, **Amy Lentz**, David Whiting - Retired, Carol O'Meara - Retired (Ed.), *Yes, Garden Note series* (617, 618, 631 ed.).: CSU Extension Website.

<https://cmg.extension.colostate.edu/volunteer-information/cmg-gardennotes-class-handouts/>, Peer Reviewed/Refereed

News Column

Lentz, A. (2022). *Monthly Garden Articles.*: Boulder Daily Camera, Longmont Times Call and Loveland Herald newspapers. <https://www.timescall.com/author/amy-lentz/>, Not Peer Reviewed/Refereed

Social Media

O'Connor, A. S., Koski, A. J., Anderson, C., **Lentz, A.**, Langelo, L., Klett, J. E., Shonle, I. K., Murgel, J., Henson, Y., Mason, L., Schweig, S., Caffey, S. A., Schrenker, D., Hammond, E., Davidson, D. T., Dunker, K., Didinger, C. M., Ortiz Castro, M. C., Hagenbuch, R. T., Oleszak, H. N., Hackbarth, M., Platten, M. 2022 *CO-Horts Blog (blogs posted, total readership)*.: Blogspot. csuhort.blogspot.com, Not Peer Reviewed/Refereed

O'Connor, A. S., Langelo, L., Henson, Y., Caffey, S. A., Davidson, D. T., Carter, S., Koski, A. J., Ulmer, M., Mason, L., Harders, K., O'Neal, P., Platten, M., Stolzle, J., **Lentz, A.**, Shonle, I. K., Klasky, N., Hammond, E., O'Meara, C. A., Schweig, S., Hagenbuch, R. T., Klett, J. E., Greene, L., Murgel, J., Castro, M. O., Jones, K., Hackbarth, M., Anderson, C. *CO-Horts Blog 2021 (views, number of blogs)*.: Blogspot. csuhort.blogspot.com, Not Peer Reviewed/Refereed

O'Connor, A. S., Langelo, L., Henson, Y., Caffey, S. A., Davidson, D. T., Carter, S., Koski, A. J., Ulmer, M., Mason, L., Harders, K., O'Neal, P., Platten, M., Stolzle, J., **Lentz, A.**, Shonle, I. K., Klasky, N., Hammond, E., O'Meara, C. A., Schweig, S., Hagenbuch, R. T., Truslove, M. M., Klett, J. E., Greene, L. *CO-Horts Blog 2020 (views, number of blogs)*.: Blogspot. csuhort.blogspot.com, Not Peer Reviewed/Refereed

O'Connor, A. S., Ulmer, M., Hagenbuch, R. T., **Lentz, A.**, Mason, L., Webb, A., Koski, A. J., O'Meara, C. A., Shonle, I. K., Hammond, E., Schweig, S., Davidson, D. T., Murgel, J. *CO-Horts Blog list of gardening classes and recordings*.: Blogspot., Not Peer Reviewed/Refereed

Dunker, K., Prins, C. N., Klasky, N., Murgel, J., O'Connor, A. S., Mason, L., O'Meara, C. A., Henson, Y., Schrenker, D., Shonle, I. K., Crouse, C., Greene, L., Viders, S., Kingsbury, M., **Lentz, A.**, Gearhart, S., Ortiz Castro, M. C., Langelo, L. (2020). *Colorado Master Gardener Instagram*.: Instagram Social Media., Not Peer Reviewed/Refereed

Vegetable Guide

Anderson, C., Ortiz Castro, M. C., **Lentz, A.**, O'Meara, C. A., Parmenter, D., Dunker, K., Goldhamer, D. A., O'Neal, P., Blunt, T. D., Henson, Y. (2022). *Colorado Vegetable Guide* (pp. 85).: CSU Extension. <https://growgive.extension.colostate.edu/colorado-vegetable-guide/>, Peer Reviewed/Refereed

Video

Lentz, A. Grow & Give Small Fruits Videos on YouTube. *Advertised through the 'Grow & Give' website*.: CSU Extension YouTube channel., Not Peer Reviewed/Refereed

Lentz, A., O'Connor, A. S. *Plant Talk Seed Starting Videos*.: PlantTalk Website., Not Peer Reviewed/Refereed

Lentz, A. Gardening Webinars on YouTube - 2021. *Advertised through the 'CO-Hort Blog' website*.: CSU

Extension YouTube channel., Not Peer Reviewed/Refereed

Lentz, A. Gardening Webinars on YouTube. *Advertised through the 'CO-Hort Blog' website.*: CSU Extension YouTube channel., Not Peer Reviewed/Refereed

Lentz, A. Grow & Give Videos on YouTube. *Advertised through the 'Grow & Give' website.*: CSU Extension YouTube channel., Not Peer Reviewed/Refereed

Website

Lentz, A., Anderson, C., Anderson, K., Ortiz Castro, M. C. (in press). *Grow & Give Website - 2023.*: Colorado State University Extension Program Website. growandgivecolorado.org or growgive.extension.colostate.edu, Not Peer Reviewed/Refereed

Langston, M., **Lentz, A.**, Nyborg, K. Weld County Colorado Master Gardener Website - 2023. *Weld County Government Website* (pp. 295).: Weld County Government Website.
<https://www.weldmastergardeners.org/Home>, Not Peer Reviewed/Refereed

Langston, M., **Lentz, A.** Weld County Colorado Master Gardener Website - Jan - March 2022. *Weld County Government Website* (pp. 15).: Weld County Government Website.
<https://www.weldmastergardeners.org/Home>, Not Peer Reviewed/Refereed

Lentz, A., Anderson, C., Dunker, K., Stolzle, J., O'Meara, C. A., Anderson, K., Ortiz Castro, M. C. (in press). *Grow & Give Website.*: Colorado State University Extension Program Website. growandgivecolorado.org or growgive.extension.colostate.edu, Not Peer Reviewed/Refereed

Langston, M., Gearhart, S., **Lentz, A.** Weld County Colorado Master Gardener Website - 2021. *Weld County Government Website* (pp. 295).: Weld County Government Website.
<https://www.weldmastergardeners.org/Home>, Not Peer Reviewed/Refereed

Langston, M., Gearhart, S., **Lentz, A.** Weld County Colorado Master Gardener Website. *Weld County Government Website.*: Weld County Government Website., Not Peer Reviewed/Refereed

CONTRACTS & GRANTS

Active as CoPI

September 1, 2024 to August 31, 2027, "Increasing And Empowering Women And Minorities (Wams) In Plant Science Through Train-The-Trainer Model", Lentz, L. A. P. e. A. P. (CoPI), Gu, G. M. u. M. (PI), Mason, M. S. C. a. S. C. (CoPI), USDA-NIFA-National Institute of Food and Agriculture, \$129,939.00.

September 1, 2024 to August 31, 2027, "Participant Support: Increasing And Empowering Women And Minorities (Wams) In Plant Science Through Train-The-Trainer Model", Lentz, L. A. P. e. A. P. (CoPI), Gu, G. M. u. M. (PI), Mason, M. S. C. a. S. C. (CoPI), USDA-NIFA-National Institute of Food and Agriculture, \$70,061.00.

PAPERS PRESENTED/SYMPOSIA/INVITED LECTURES/PROFESSIONAL MEETINGS/WORKSHOPS

May 18, 2024, (Presenter) **Lentz, A.**, "Showcasing Plant Select", Keynote Speaker. Colorado Federation of Garden Clubs State Conference. This class covers the Plant Select program and good sustainable plants used in the Colorado landscaping industry. Statewide

February 1, 2024, (Presenter) **Lentz, A.**, "ProGreen: Ornamental Grasses", ProGreen Expo, CSU Extension and GreenCo, Conference, This class covers a wide range of ornamental grasses used in the Colorado landscaping industry, including both cool and warm season types., Statewide

January 30, 2024, (Presenter) O'Connor, A. S., Klett, **Lentz, A.**, Hammond, "ProGreen: Woody Plant Identification", ProGreen Expo, CSU Extension and GreenCo, Conference, Basic identification hints of woody landscape plants on various given Industry Certification lists. Plant samples and photos from all seasons will be used to aid in the learning process., Statewide

January 27, 2024, (Presenter) **Lentz, A.**, "Vegetable Gardening", Fort Collins Nursery Speaker Series, This class covers a wide range of vegetables that can be grown successfully in Colorado, including both cool and warm season types., Local

December 14, 2023, "Master Gardener Training: In-person Review Sessions - Tree Identification", Colorado Master Gardener Training: Larimer, Boulder, Adams, Broomfield, and Weld

December 7, 2023, (Presenter) O'Connor, A. S., **Lentz, A.**, "2023-24 Green School: Tree Identification and Planting", Green School Training, Workshop, Weekly live online class to complement Green School curriculum., Statewide

December 6, 2023, (Presenter) O'Connor, A. S., **Lentz, A.**, "2023-24 Green School: Tree Identification and Planting", Green School Training, Workshop, Weekly live online class to complement Green School curriculum., Statewide

November 30, 2023, "Master Gardener Training: In-person Review Sessions - Botany", Colorado Master Gardener Training: Larimer, Boulder, Adams, Broomfield, and Weld

November 2023, "Colorado Women in Ag", Colorado Women in Ag, Weld County CSU Extension, Conference, Planned and organized the first CO Women in Ag Conference. Responsibilities included lining up speakers and creating the program.

November 16, 2023, "Master Gardener Training: In-person Review Sessions - Soils", Colorado Master Gardener Training: Larimer, Boulder, Adams, Broomfield, and Weld

November 13, 2023, (Presenter) **Lentz, A.**, "Weld County CMG End of Year Program - 2023", Weld County Colorado Master Gardener Meeting, Other, During this meeting, we went over the accomplishments of the CMG Program in 2023, had giveaways sprinkled throughout out time together, talked about farmers markets and other upcoming volunteer opportunities., Weld

November 8, 2023, (Presenter) O'Connor, A. S., Koski, A. J., **Lentz, A.**, "Gardening Year-in-Review", Colorado State University Extension Gardening Webinar Series, CSU Extension

November 8, 2023, **Lentz, A.**, "Running a University-Based Horticultural Farm Operation", Hort 454 Guest Lecture, Hort 454 - Horticultural Crop Production and Management, Seminar

November 2, 2023, "Master Gardener Training: In-person Review Sessions - Introduction", Colorado Master

Gardener Training: Larimer, Boulder, Adams, Broomfield, and Weld

September 13, 2023, (Presenter) O'Connor, A. S., **Lentz, A.**, "STEP...Into These Trees", Colorado State University Extension Gardening Webinar Series, CSU Extension

August 31, 2023, (Presenter) Mendez, N., "Growing Leafy Greens", Grow & Give Webinar, 63 views on Youtube, 49 attending (92 registered) webinar on Aug 31, 2023 - A Grow & Give webinar taught by Natali Mendez, Colorado State University Department of Food Science and Human Nutrition and CSU Extension. August 31, 2023 via Zoom. Natali Mendez was awarded the 'Colorado Grows Greens' CSU Extension Internship in 2023 to teach Coloradans the health benefits and how to grow leafy greens. Advisor to intern.

August 31, 2023, (Presenter) Mendez, N., "Growing and Preparing Leafy Greens", Growing and Preparing Leafy Greens, CSU Extension - Weld, Seminar, Adams

August 24, 2023, **Lentz, A.**, "Crevice Gardening", Centennial Library Monthly Education Series, Centennial Library - Greeley, Continuing Education

August 17, 2023, (Presenter) **Lentz, A.**, "Weld Horticulture and Master Gardener Program 2023 Update", Weld County Extension Advisory Council August Meeting, Other, This presentation was given to our county's Extension Advisory Board to highlight what accomplishments had been made in the areas of horticulture, agriculture, small acreage and the Master Gardener program., Weld

August 16, 2023, "Treasure Island Garden Workshop Series - 2023 -Tree ID Program", Treasure Island Demonstration Garden, Weld County Colorado Master Gardeners and the Town of Windsor, Workshop, We organized a series to have once-a-month gardening workshops to be held on a variety of topics from vegetables to plant selection. The series utilized mostly Weld County Colorado Master Gardeners to teach the classes. Tasks completed to host this series include scheduling, securing speakers, creating classroom materials and setting up the site, attending and hosting the events.

August 11, 2023, (Presenter) O'Connor, A. S., **Lentz, A.**, Anderson, C., Hammond, E., Burcham, D., "Tree Team Training: CSU Arboretum", Colorado Master Gardener Tree Team Training

July 20, 2023, **Lentz, A.**, "Growing and Preserving Herbs", Centennial Library Monthly Education Series, Centennial Library - Greeley, Continuing Education

July 19, 2023, "Treasure Island Garden Workshop Series - 2023 - Plant Select Program", Treasure Island Demonstration Garden, Weld County Colorado Master Gardeners and the Town of Windsor, Workshop, We organized a series to have once-a-month gardening workshops to be held on a variety of topics from vegetables to plant selection. The series utilized mostly Weld County Colorado Master Gardeners to teach the classes. Tasks completed to host this series include scheduling, securing speakers, creating classroom materials and setting up the site, attending and hosting the events.

July 18, 2023, "Colorado Master Gardener Tree Team Diagnostic Workshop", Colorado Master Gardener Tree Team Diagnostic Workshop, Colorado State University Extension, Continuing Education, Invited, Colorado Master Gardener Tree Team continuing education workshop to build attendees' diagnostic and integrated pest management skills.

July 18, 2023, (Presenter) **Lentz, A.**, "Weld County CMG MidSummer Program - 2023", Weld County Colorado Master Gardener Meeting, Other, During this meeting, we went over what is happening with the CMG Program in 2023, had giveaways sprinkled throughout out time together, talked about farmers markets and other upcoming volunteer opportunities.

June 22, 2023, **Lentz, A.**, "Meet the Natives", Centennial Library Monthly Education Series, Centennial Library -

Greeley, Continuing Education

June 14, 2023, (Presenter) O'Connor, A. S., **Lentz, A.**, Anderson, C., Hammond, E., "Tree Team Training: Tree Identification at Pioneer Park", Colorado Master Gardener Tree Team Training

May 18, 2023, (Presenter) **Lentz, A.**, "Platteville Trees and Trails Board - Fall and Winter Landscaping Preparation", Platteville Trees and Trails Educational Series, Platteville Trees and Trails Board, Workshop, I was asked to teach a class the Platteville Trees and Trails Board on preparing the garden for winter at the local community center.

May 18, 2023, (Presenter) **Lentz, A.**, "Platteville Trees and Trails Board - Xeriscaping and Low-Water Tips", Platteville Trees and Trails Educational Series, Platteville Trees and Trails Board, Workshop, I was asked to teach a class the Platteville Trees and Trails Board on lowering water use in the landscape through xeriscaping.

May 4, 2023, (Presenter) **Lentz, A.**, "Platteville Trees and Trails Board - Tree Planting, Care and Selection", Platteville Trees and Trails Educational Series, Platteville Trees and Trails Board, Workshop, I was asked to teach a class the Platteville Trees and Trails Board on proper planting, selection and care of trees for the community.

April 25, 2023, (Presenter) **Lentz, A.**, "Weld County CMG Kickoff - 2023", Weld County Colorado Master Gardener Meeting, Other, During this meeting, we went over what is happening with the CMG Program in 2023, had giveaways sprinkled throughout out time together, talked about farmers markets and other upcoming volunteer opportunities.

April 19, 2023, (Presenter) Henson, Y., **Lentz, A.**, "Green School: Small Fruits", Green School Training, Workshop, Weekly live online class to complement the curriculum., Statewide

April 15, 2023, (Presenter) **Lentz, A.**, "Weld County CMG Apprentice-Mentor Orientation - 2023", Weld County Colorado Master Gardener Meeting, Other, During this meeting, we went over what is happening with the CMG Program in 2023, had giveaways sprinkled throughout out time together, talked about farmers markets and other upcoming volunteer opportunities.

A packet of information was created by for each member. Members signed up for events together.

April 14, 2023, (Presenter) O'Connor, A. S., **Lentz, A.**, "Right Plant, Right Place for Low-Water Landscapes", Colorado State University Extension Front Range Spring Gardening Webinar Series, CSU Extension

April 6, 2023, "Master Gardener Training: In-person Review Sessions - Plant Pathology", Colorado Master Gardener Training: Larimer, Boulder, Adams, Broomfield, and Weld

April 6, 2023, (Presenter) Anderson, C., **Lentz, A.**, "Green School: Vegetables", Green School Training, Workshop, Weekly live online class to complement the curriculum., Statewide

April 5, 2023, (Presenter) Anderson, C., **Lentz, A.**, "Green School: Vegetables", Green School Training, Workshop, Weekly live online class to complement the curriculum., Statewide

March 30, 2023, "Master Gardener Training: In-person Review Sessions - Vegetables", Colorado Master Gardener Training: Larimer, Boulder, Adams, Broomfield, and Weld

March 17, 2023, **Lentz, A.**, "Ornamental Grasses for Boulder County", Boulder Garden Club Educational Series, Boulder Garden Club, Continuing Education, Join Any Lentz, CSU Extension Agent for Horticulture in Weld County, to learn more about why and how to incorporate ornamental grasses into landscapes and embrace Colorado's prairie history. Along with helping to familiarize you with the wide range of options, this class will help you to choose the right ornamental grass for the right place depending on your design, soil type and

available moisture., Boulder

March 16, 2023, "Master Gardener Training: In-person Review Sessions - Insect ID", Colorado Master Gardener Training: Larimer, Boulder, Adams, Broomfield, and Weld

March 8, 2023, (Presenter) **Lentz, A.**, "Master Gardener Fruit Tree Pruning Workshop", Master Gardener Fruit Tree Pruning Workshop, CSU Extension in Larimer and Weld Counties

March 2, 2023, "Master Gardener Training: In-person Review Sessions - Gardening Jeopardy!", Colorado Master Gardener Training: Larimer, Boulder, Adams, Broomfield, and Weld

February 24, 2023, (Presenter) **Lentz, A.**, "Fruit Tree Pruning Workshop", Fruit Tree Pruning Workshop, Continuing Education

February 23, 2023, (Presenter) **Lentz, A.**, "CMG Diagnostic Training: Fruit Tree Pruning", Colorado Master Gardener Statewide Webinar, Continuing Education, Webinar to master gardeners about best practices for tree pruning, Statewide

February 21, 2023, **Lentz, A.**, "Right Plant Right Place", Lakewood Garden Club Educational Series, Lakewood Garden Club, Continuing Education, The members have voted and want to see my virtual class: Right Plant - Right Place. Tuesday, Feb 21, 2023 at 6:30 PM., Jefferson

February 16, 2023, "Master Gardener Training: In-person Review Sessions - Turf and Weed ID", Colorado Master Gardener Training: Larimer, Boulder, Adams, Broomfield, and Weld

February 9, 2023, "Master Gardener Training: In-person Review Sessions - Tree ID", Colorado Master Gardener Training: Larimer, Boulder, Adams, Broomfield, and Weld

February 8, 2023, (Presenter) **Lentz, A.**, "Seed Starting", Colorado State University Extension Gardening Webinar Series, CSU Extension

February 2, 2023, (Presenter) O'Connor, A. S., Koski, A. J., Anderson, C., **Lentz, A.**, "ProGreen: Turf and Weed Identification", ProGreen Expo, Conference

February 1, 2023, (Presenter) O'Connor, A. S., **Lentz, A.**, "ProGreen: The STEP Tree Program", ProGreen Expo, Conference

January 31, 2023, (Presenter) **Lentz, A.**, "ProGreen: Ornamental Grasses", ProGreen Expo, CSU Extension and GreenCo, Conference, This class covers a wide range of ornamental grasses used in the Colorado landscaping industry, including both cool and warm season types., Statewide

January 31, 2023, (Presenter) O'Connor, A. S., Klett, **Lentz, A.**, Hammond, "ProGreen: Woody Plant Identification", ProGreen Expo, CSU Extension and GreenCo, Conference, Basic identification hints of woody landscape plants on various given Industry Certification lists. Plant samples and photos from all seasons will be used to aid in the learning process., Statewide

January 26, 2023, "Master Gardener Training: In-person Review Sessions - Botany", Colorado Master Gardener Training: Larimer, Boulder, Adams, Broomfield, and Weld

January 19, 2023, "Master Gardener Training: In-person Review Sessions - Soils", Colorado Master Gardener Training: Larimer, Boulder, Adams, Broomfield, and Weld

January 12, 2023, "Master Gardener Training: In-person Review Sessions - Opening Day", Colorado Master

Gardener Training: Larimer, Boulder, Adams, Broomfield, and Weld

November 21, 2022, (Presenter) **Lentz, A.**, "Amazing Indoor Plants", Lafayette Recreation Services Continuing Education, Lafayette Senior Services, Workshop to teach local seniors which houseplants are easy to grow and how to care for them. The class was located at the Lafayette Senior Center in Lafayette, CO., Boulder

November 18, 2022, "CSU Relentless Gardener Podcast - Cut Flowers", zoom meeting, Other, CSU Relentless Gardener Podcast - Cut Flowers with **Amy Lentz**. She discussed possibilities of cut flowers in your garden, when to cut and the best environment for a cut flower garden. She shared her first hand experiences and knowledge.

November 18, 2022, "CSU Relentless Gardener Podcast - Fruit Trees", zoom meeting, Other, CSU Relentless Gardener Podcast - Fruit Trees - **Amy Lentz** discussed pollination and degree day. Be aware of wildlife and pruning and the best types of fruit trees to grow.

November 17, 2022, (Presenter) **Lentz, A.**, Anderson, C., "Grow & Give 2022 Update and Onboarding for New Team Members", Online Meeting, CSU Extension, This update and onboarding training session for the Grow & Give program focused on 2022 accomplishments and how to get involved in future programming, geared toward CSU Extension Staff.

October 26, 2022, (Presenter) **Lentz, A.**, Anderson, C., "Food Systems Issue Summit - Grow & Give Program Update", CSU Extension Forum, CSU Extension - Food Systems PRU, Panel discussion around issues affecting food systems and food access in Colorado. The Grow & Give program participated in the panel and updated on accomplishments and how to get involved in future programming.

September 29, 2022, (Presenter) O'Connor, A. S., **Lentz, A.**, "Tree Walk at Pioneer Park (Berthoud)", CMG Continuing Education, Amy Lentz and Alison O'Connor did a continuing education tree walk for Boulder and Larimer Master Gardeners at Pioneer Park in Berthoud.

September 28, 2022, (Presenter) **Lentz, A.**, "Colorado Landscape Tree Walk", Lafayette Recreation Services Continuing Education, Lafayette Senior Services, Workshop, Workshop to teach local seniors which trees are best suited for landscapes in Colorado, specifically the Front Range. Participants toured trees located at Waneka Lake Park in Lafayette, CO., Boulder

September 21, 2022, (Presenter) **Lentz, A.**, Anderson, C., "Engaging Colorado Master Gardener Volunteers through the Grow & Give Program", 2022 Extension Master Gardener National Coordinators' Conference, Extension Master Gardener National Committee, Poster was presented at the 2022 Extension Master Gardener National Coordinators' Conference in Savannah, Georgia. Participants of the conference were able to meet with us and discuss the poster during a poster session.

September 16, 2022, (Presenter) **Lentz, A.**, "Lyons Tree Identification Walk", CMG Continuing Education, CSU Extension, Boulder County, Workshop on tree identification was held as a continuing education class for Boulder County Master Gardeners along Main Street in the City of Lyons, Boulder

September 14, 2022, (Presenter) **Lentz, A.**, "Fruit Trees for Colorado - NoCo Library Series", Northern Colorado Library Series, Colorado State University Extension in Larimer and Weld Counties, Taught as part of the monthly NoCo Library Gardening Webinar Series, hosted by Larimer and Weld County. Amy Lentz taught about fruit trees for this session.

(75 joined live, 105 watched the recording - total of 180)

<a href="<https://youtu.be/SoHW0ehSbu8>"><https://youtu.be/SoHW0ehSbu8>, Statewide

September 13, 2022, (Presenter) **Lentz, A.**, "Tree ID and Diagnostics at Chautauqua Park", CMG Tree Team - Diagnostician Training, CSU Extension, Boulder County and City of Boulder Forestry, Workshop on tree

diagnostics and identification was held as a continuing education class for Boulder County Master Gardeners at Chautauqua Park in Boulder., Boulder

August 23, 2022, (Presenter) **Lentz, A.**, "Cut Flower Gardening", City of Boulder - Health and Human Services, West Age Well Center, Workshop, Class taught for a senior center in Boulder that wanted to learn more about cut flower gardening and flower arranging., Boulder

August 23, 2022, (Presenter) **Lentz, A.**, "Twilight Garden Series: Trending Houseplants", Twilight Garden Series, Gardens on Spring Creek and CSU Trial Gardens, Workshop, This was lecture and demonstration on houseplants. The class also taught general tips on container gardening and caring for indoor container plants.

August 19, 2022, (Presenter) O'Connor, A. S., **Lentz, A.**, Hammond, E., Anderson, C., Schweig, S., "CMG Tree Team Walk at Regis University", CMG Tree Team continuing education, Continuing Education

August 6, 2022, "Boulder County Fair Parade - Float Entry for Colorado Master Gardeners", Boulder County Fair, Boulder County Fair and Boulder County Colorado Master Gardeners, Other, Joined Master Gardeners in creating and displaying our exhibit for the Boulder County Fair Parade.

July 20, 2022, (Presenter) **Lentz, A.**, "Basic Vegetable Gardening and Xeriscaping", SC7 Neighborhood Gardening Class, Boulder County Extension, On site class for the SC7 Neighborhood in Boulder, CO. Joined by Joanne Keyes and Kristen Anderson for this demonstration style class., Boulder

July 20, 2022, (Presenter) **Lentz, A.**, "SC7 Neighborhood Gardening Class - Veggies and Xeriscaping", SC7 Neighborhood Meeting, SC7 Neighborhood in Boulder, Workshop, Class taught for a neighborhood in Boulder that wanted to learn more about vegetable gardening and xeriscaping. A Master Gardener also helped teach the class (Joanne Keyes) and it was organized by Kristen Anderson.

July 15, 2022, (Presenter) O'Connor, A. S., **Lentz, A.**, Hammond, E., Anderson, C., Schweig, S., "CMG Tree Team Walk at Thompson Park", CMG Tree Team continuing education, Continuing Education

July 13, 2022, (Presenter) Beckley, S., "Cleaning, Preparing and Storing Vegetables - NoCo Library Series", Northern Colorado Library Series, Colorado State University Extension in Larimer and Weld Counties, Taught as part of the monthly NoCo Library Gardening Webinar Series, hosted by Larimer and Weld County. Sheila Beckley taught about storing and preparing vegetables for this session.
(64 joined live, 18 watched the recording - total of 82)

June 22, 2022, (Presenter) O'Connor, A. S., **Lentz, A.**, Hammond, E., Anderson, C., Klett, J. E., Schweig, S., "CMG Tree Team Walk at CSU Campus", CMG Tree Team continuing education, Continuing Education

June 8, 2022, (Presenter) **Lentz, A.**, "Dry Shade Gardening - NoCo Library Series", Northern Colorado Library Series, Colorado State University Extension in Larimer and Weld Counties, Taught as part of the monthly NoCo Library Gardening Webinar Series, hosted by Larimer and Weld County. Amy Lentz taught about dry shade gardening for this session.
(112 joined live, 772 watched the recording - total of 884)

June 1, 2022, "Planting Spur Community Food Justice Garden", Planting Spur Community Food Justice Garden

May 31, 2022, (Presenter) O'Connor, A. S., **Lentz, A.**, "Summer Bulbs for the Garden", Twilight Garden Series, The Gardens on Spring Creek, CSU Extension in Larimer County, Continuing Education, This was one of three talks presented at the May Twilight Garden Series.

May 20, 2022, (Presenter) **Lentz, A.**, "Growing Backyard Berries - Front Range Spring Garden Series", Front Range Spring Garden Series, Colorado State University Extension - Front Range Region, Taught as part of

the weekly Front Range Spring Gardening Webinar Series, hosted by CSU Extension - Front Range Counties.

Amy Lentz taught about growing backyard berries for this session.

(70 joined live, 116 watched the recording - total of 186)

May 18, 2022, (Presenter) **Lentz, A.**, Anderson, C., Hammond, E., O'Connor, A., "Tree Team Training - Customer Service and 2022 Trends", Northern Front Range Tree Team Training, CSU Extension - Adams, Larimer, Boulder and Weld, Tree Team Training in customer service and 2022 Trends - by Alison O'Connor, Cassey Anderson, Eric Hammond and Amy Lentz. Training Colorado Master Gardener Volunteers., Other

May 14, 2022, (Presenter) **Lentz, A.**, "Seed Starting at El Oasis Community Garden", Great Day of Planting Workshop, Denver Urban Gardens (DUG), Taught a group of gardeners how to start seeds on location at a community garden in Denver.

April 27, 2022, (Presenter) **Lentz, A.**, Henson, Y., "Green School: Small Fruit", Green School Training, Workshop, Weekly live class to accompany online curriculum., Statewide

April 13, 2022, (Presenter) **Lentz, A.**, "Waterwise Yards - Using What You Grow - Webinar", Online, Resource Central, Seminar, Fruit yielding plants can be a good use of water over simple ornamentals, and are good for local wildlife (maybe a brief mention of birds/pollinators?). Fruits like apples, pears, raspberries, and currents are plentiful here in Colorado, but do you know how to care for them? Amy Lentz will be discussing best practices for when and where to water to increase your crop yield, and get the most out of your water! This class was translated into Spanish by Resource Central., Boulder

April 7, 2022, (Presenter) **Lentz, A.**, Anderson, C., "Green School: Vegetables", Green School Training, Workshop, Weekly live class to accompany online curriculum., Statewide

April 6, 2022, (Presenter) **Lentz, A.**, Anderson, C., "Green School: Vegetables", Green School Training, Workshop, Weekly live class to accompany online curriculum., Statewide

April 5, 2022, (Presenter) **Lentz, A.**, "Fruit Trees of Colorado", Lunch and Learn Series for CSU Alumni, CSU Alumni Association, Seminar, Growing fruit trees in Colorado comes with some challenges from temperature swings, to poor soil to understanding what to grow. Amy Lentz will help you learn which fruit trees will thrive in Colorado's climate for this CSU Alumni Lunch and Learn class., Statewide

March 15, 2022, (Presenter) **Lentz, A.**, Ritchie, M., Topp, H., LaShell, B., Gutierrez, E., "Produce Safety Alliance Grower Training-March", Produce Safety Alliance Grower Training, Produce Safety Alliance & Association of Food and Drug Officials, Continuing Education

Yes

March 9, 2022, (Presenter) **Lentz, A.**, "Planning the Cut Flower Garden - NoCo Library Series", Northern Colorado Library Series, Colorado State University Extension in Larimer and Weld Counties, Taught as part of the monthly NoCo Library Gardening Webinar Series, hosted by Larimer and Weld County. Amy Lentz taught about cut flower gardening.

(207 joined live, 352 watched the recording - total of 559)

<https://www.youtube.com/watch?v=LpbKofOnnKU>, Statewide

No

March 2, 2022, (Presenter) **Lentz, A.**, "Seed Starting at Centennial Library", Centennial Library - Garden Series, CSU Extension in Weld County, This webinar will cover the basics of starting seeds indoors. Learn about the techniques and equipment needed to get a head start on your summer vegetable garden., Weld

March 2, 2022, (Presenter) **Lentz, A.**, O'Connor, A. S., "Fruit Tree Pruning Hands-On Workshop at Raindance", Raindance Community Orchard, Weld and Larimer County Extension Offices, Workshop, This class covered fruit tree pruning, from young to mature trees, a hands-on pruning activity on trees located in community orchard plot. Master Gardeners helped assist and all participants were asked to bring pruners, loppers and outdoor weather attire. Participants were required to watch the Pruning Fruit Trees webinar (2/15/22) prior to attending the workshop., Weld

February 24, 2022, (Presenter) Bouten, T., "A Review of Landscape Weeds with Tina Bouten", Larimer and Weld County Master Gardener Training, Continuing Education, Tina Bouten with the Weld County Weed District was invited to speak to the Weld and Larimer County Master Gardener apprentices about common landscape weeds.

February 18, 2022, **Lentz, A.**, "Fruit Tree Pruning Hands-On Workshop at JeffCo Extension", Jefferson County Extension Office, Jefferson County Extension Office, Workshop, This class covered fruit tree pruning, from young to mature trees, a hands-on pruning activity on trees located in the demonstration garden and orchard plot. MG's were asked to bring pruners, loppers and outdoor weather attire. Participants were required to watch the Pruning Fruit Trees webinar (2/15/22) prior to attending the workshop., Jefferson

February 15, 2022, (Presenter) **Lentz, A.**, "Fruit Tree Pruning Workshop Webinar", Online, Weld County Extension, Seminar, This webinar covered fruit tree pruning, from young to mature trees, as a prerequisite to a hands-on pruning in Jefferson County and Raindance Community Orchard. Participants were required to watch this prior to attending the workshop. Some attended the webinar just for the education and did not attend an in-person workshop. (61 joined live, 119 viewed the recording - total 180), Other

February 10, 2022, (Presenter) O'Connor, A. S., **Lentz, A.**, "Seed Swap", Clearview Library in Windsor, Clearview Library and CSU Extension in Weld and Larimer Counties, The Clearview Library invited interested individuals to join Alison and Amy for a seed swap; participants swapped seeds and ideas. Amy then did a short presentation on the basics of seed starting.

February 8, 2022, (Presenter) **Lentz, A.**, "Annie's Project - Web Soil Survey", Annie's Project - Kersey, CO, Weld County CSU Extension, Continuing Education, This class focused on utilizing the online Web Soil Survey tool, allowing participants to search for their farm or property during the class and make assessments on land use.

February 8, 2022, (Presenter) **Lentz, A.**, Ritchie, M., Topp, H., LaShell, B., Gutierrez, E., "Produce Safety Alliance Grower Training-February", Produce Safety Alliance Grower Training, Produce Safety Alliance & Association of Food and Drug Officials, Continuing Education. Peer-reviewed.

February 4, 2022, (Presenter) **Lentz, A.**, "ProGreen: Ornamental Grasses", ProGreen Expo, CSU Extension and GreenCo, Conference, Basic identification hints of woody landscape plants on various given Industry Certification lists. Plant samples and photos from all seasons will be used to aid in the learning process., Statewide

February 1, 2022, (Presenter) O'Connor, A. S., Klett, **Lentz, A.**, Hammond, "ProGreen: Woody Plant Identification", ProGreen Expo, CSU Extension and GreenCo, Conference, Basic identification hints of woody landscape plants on various given Industry Certification lists. Plant samples and photos from all seasons will be used to aid in the learning process., Statewide

January 12, 2022, (Presenter) O'Connor, A. S., **Lentz, A.**, "Seed Starting - NoCo Library Series", Northern Colorado Gardening Library Series, CSU Extension in Larimer and Weld County, This webinar will cover the basics of starting seeds indoors. Learn about the techniques and equipment needed to jump-start your summer vegetable garden. (244 joined live, 798 watched the recording - total of 1042).

January 11, 2022, (Presenter) O'Connor, A. S., **Lentz, A.**, "Colorado Gardening for Newcomers", Professional Development Institute at Colorado State University, TILT at CSU, Continuing Education, If you've recently moved to Colorado, you probably realize that gardening in our semi-arid climate can be challenging! Join Amy and Alison from CSU Extension for recommendations of how to approach landscape management, turf care, and growing vegetables., Larimer

January 10, 2022, (Presenter) O'Connor, A. S., **Lentz, A.**, "Seed Starting", Professional Development Institute at Colorado State University, TILT at CSU, Continuing Education, This session will cover the basics of starting seeds indoors. Learn about the techniques and equipment needed to jump-start your summer vegetable garden., Larimer

December 16, 2021, (Presenter) **Lentz, A.**, Gearhart, S., "Weld Horticulture, Agriculture and Master Gardener Program 2021 Update", Weld County Extension Advisory Council December Meeting, Other, This presentation was given to our county's Extension Advisory Board to highlight what accomplishments had been made in the areas of horticulture, agriculture, small acreage and the Master Gardener program., Weld

December 15, 2021, (Presenter) Ritchie, M., Topp, H., "Produce Safety Alliance Grower Training", Produce Safety Alliance Grower Training, Produce Safety Alliance, Workshop, PSA grower training to help produce growers comply with the FSMA Produce Safety Rule. Peer reviewed.

December 8, 2021, (Presenter) **Lentz, A.**, O'Connor, A. S., "Evergreens and Holiday Decor", Northern Colorado Library Gardening Series, Clearview Library District and Loveland Library, This class was taught in cooperation with the Loveland Library and the Windsor Clearview Library. The class covered evergreen tree choices that are good for Colorado and how to utilize evergreens when creating holiday decor.

December 2, 2021, (Presenter) **Lentz, A.**, "Green School: Small Fruit", Green School Training, Workshop, Weekly live class to accompany online curriculum., Statewide

November 10, 2021, (Presenter) **Lentz, A.**, O'Connor, A. S., "Gardening Year-in-Review", Northern Colorado Library Gardening Series, Clearview Library District and Loveland Library, This class was taught in cooperation with the Loveland Library and the Windsor Clearview Library. The class covered a wide variety of topics related to trees, lawns, vegetables and other gardening tips from the 2021 growing season.

November 4, 2021, (Presenter) **Lentz, A.**, Gearhart, S., "Weld County CMG Virtual End-of-Year Celebration - 2021", Weld County Colorado Master Gardener Meeting, Other, During this meeting, we went over the accomplishments of the CMG Program in 2021, had giveaways sprinkled throughout out time together, talked about farmers markets and other successful volunteer opportunities.

For 2021, I developed a game of 'Plant Family Feud' to engage the volunteers in a fun and interactive game. This helps build relationships among volunteers as they were able to work in teams in breakout rooms.

A packet of information was created by Sunshine Gearhart and Amy Lentz for each member and was physically delivered as part of this meeting.

October 14, 2021, **Lentz, A.**, "Fruit Trees", Centennial Park Library Public Classes, High Plains Library District, Workshop, This class taught how to care for a home orchard. Trees included apples, pears, cherries, plums, peaches and apricots., Weld

September 20, 2021, (Presenter) **Lentz, A.**, "Platteville Trees and Trails Board - Tree Walk and EAB Workshop", Platteville Trees and Trails Board September Meeting, Platteville Trees and Trails Board, Workshop, I was asked to join the September meeting for the Platteville Trees and Trails Board to give Board members a short class on Emerald Ash Borer and preparing their city trees for treatment. We then did a tree walk around 3 different public areas and identified trees and discussed their attributes and challenges.

September 15, 2021, (Presenter) O'Connor, A. S., "Treasure Island Garden Workshop Series - 2021 - End of

Season Tasks by Alison O'Connor", Treasure Island Demonstration Garden, Weld County Colorado Master Gardeners and the Town of Windsor, Workshop, We organized a series to have once-a-month gardening workshops to be held on a variety of topics from vegetables to plant selection. The series utilized mostly Weld County Colorado Master Gardeners to teach the classes. Tasks completed to host this series include scheduling, securing speakers, creating classroom materials and setting up the site, attending and hosting the events.

September 2, 2021, **Lentz, A.**, "Fall Lawn Care", Centennial Park Library Public Classes, High Plains Library District, Workshop, This class taught how to care for your lawn toward the end of the growing season, including mowing technique, weed treatment, fertilization and irrigation., Weld

August 31, 2021, (Presenter) Dunker, K., McQuade, A. F., Stolzle, J., Dunker, K., **Lentz, A.**, "Impacting Food Insecurity: Extension's 'Grow & Give' Modern Victory Garden work", Epsilon Sigma Phi National Extension Webinar, ESP National, Seminar, Accepted, Now is the time for Extension professionals to demonstrate our ability to be nimbly responsive to current issues and meet local needs through statewide collaboration. Colorado State University Extension's Grow & Give project underscores the unique opportunity to engage communities in a modern victory garden project through virtual resources, timely support and direct connection to those in need locally. Through dynamic, interdisciplinary teamwork, CSU Extension created a comprehensive statewide initiative focused on helping people grow food and give locally to address food insecurity. The now trademarked program recruited almost 600 registered gardens across more than half of Colorado's counties in its pilot year (2020) with donations totaling over 48,000 pounds. Several new resources were created for participants, including over 60 new video tutorials designed to help people grow and donate food. Watch this video to get a sense of the project and its impact: <https://vimeo.com/445647558/c0a658b1ac>.

August 31, 2021, (Presenter) **Lentz, A.**, O'Connor, A. S., "Twilight Garden Series: Fall Container Gardening", Twilight Garden Series, CSU Trial Gardens, Workshop, This was lecture and demonstration on what types of plants to use in fall containers and how to incorporate them into a design. The class also taught general tips on container gardening and caring for containers in the fall.

August 18, 2021, "Treasure Island Garden Workshop Series - 2021 - Basic Vegetable Gardening by Jane Luettgen", Treasure Island Demonstration Garden, Weld County Colorado Master Gardeners and the Town of Windsor, Workshop, We organized a series to have once-a-month gardening workshops to be held on a variety of topics from vegetables to plant selection. The series utilized mostly Weld County Colorado Master Gardeners to teach the classes. Tasks completed to host this series include scheduling, securing speakers, creating classroom materials and setting up the site, attending and hosting the events.

This class taught participants basic vegetable gardening tips and included a walking tour of the vegetable plots at Treasure Island Demonstration Garden that donated over 5000 pounds of fresh produce. The class was taught by Weld County CMG Jane Luettgen and also included an overview of the Grow & Give program.

August 11, 2021, (Presenter) Beckley, S., **Lentz, A.**, "Cooking with Your Harvest", Northern Colorado Library Gardening Series, Seminar, This class was taught in cooperation with the Loveland Library and the Windsor Clearview Library. Webinar on planting, harvesting and cooking summer vegetables

July 21, 2021, (Presenter) **Lentz, A.**, O'Meara, C. A., Anderson, C., O'Connor, A. S., "Tree Team Training for CMGs - 2021 - Tree Scenario Workshop", Northern Front Range CMG Tree Team Training, Continuing Education, Continuing Education for Colorado Master Gardeners that will be serving on Tree Teams in Adams, Boulder, Broomfield, Larimer and Weld counties.

This class covered a variety of different scenarios that CMGs might find themselves in while conducting on-site Tree Team visits.

July 21, 2021, "Treasure Island Garden Workshop Series - 2021 - Plant Select by Deb Frain", Treasure Island Demonstration Garden, Weld County Colorado Master Gardeners and the Town of Windsor, Workshop, We

organized a series to have once-a-month gardening workshops to be held on a variety of topics from vegetables to plant selection. The series utilized mostly Weld County Colorado Master Gardeners to teach the classes. Tasks completed to host this series include scheduling, securing speakers, creating classroom materials and setting up the site, attending and hosting the events.

This class taught participants about the Plant Select program that highlights water-smart and low-maintenance plant options for the intermountain west. This class included both a lecture portion and a walking tour. Both the presentation and the walking tour were led by Deb Frain, Weld County Colorado Master Gardener.

July 15, 2021, (Presenter) Dunker, K., "CSU Extension's 13th Biennial Horticulture Short Course", Colorado State University Annual Flower Trial Gardens, Colorado State University, Conference, CSU Extension, Green Industries of Colorado & Northern Water present the 13th Biennial Horticulture Short Course. Live stream coverage from CSU's Annual Flower Trial Gardens in Fort Collins, Co. Topics include: Japanese Beetles, Diagnosing Lawn Problems, Turf & Weed ID, How New Annuals Get Introduced to the Public, Plant Select & Weeds, Trees/Herbicides & Mulch.

July 15, 2021, (Presenter) Gearhart, S., **Lentz, A.**, "Weld Master Gardener Program Summer Update", Weld County Colorado Master Gardener Meetings, Other, This meeting was held to get our county's CMG's together during the summer for an update on what is happening and to gather together in community. The program included a presentation with updates on volunteer opportunities, followed by time for questions. The meeting included dinner, door prizes were given out and games were set up outside. The Weld CMG Event Team helped plan this event, Weld

July 14, 2021, (Presenter) Koski, A. J., "Troubleshooting Irrigation Issues", Northern Colorado Library Gardening Series, Clearview Library District and Loveland Library, This class was taught in cooperation with the Loveland Library and the Windsor Clearview Library. The class covered various irrigation issues, equipment, watering and other lawn and tree irrigation tips.

July 8, 2021, **Lentz, A.**, "Meet the Natives", Centennial Park Library Public Classes, High Plains Library District, Workshop, This class looked at a wide variety of native plants found mainly along Colorado's Northern Front Range that can also be utilized in home landscapes., Weld

June 28, 2021, **Lentz, A.**, "Grow & Give Update Presentation", June 28 Extension All-Call Meeting, CSUE, I gave a short presentation at the June All-Call meeting about the new Grow & Give website and included statistics from last year's program and a tour of the new website.

June 16, 2021, "Treasure Island Garden Workshop Series - 2021 - Waterwise Tips by Janene Willey", Treasure Island Demonstration Garden, Weld County Colorado Master Gardeners and the Town of Windsor, Workshop, We organized a series to have once-a-month gardening workshops to be held on a variety of topics from vegetables to plant selection. The series utilized mostly Weld County Colorado Master Gardeners to teach the classes. Tasks completed to host this series include scheduling, securing speakers, creating classroom materials and setting up the site, attending and hosting the events.

This class taught participants about the Colorado water system and Windsor's water system. It then covered how to conserve water in your home landscape, including demonstrations. The class was taught by Weld County CMG and Windsor Water Board Member, Janene Willey.

June 10, 2021, **Lentz, A.**, "Growing Tomatoes", Centennial Park Library Public Classes, High Plains Library District, Workshop, This class taught how to grow tomatoes in a home garden and in containers. Topics included supplies needed, timing, technique and specific variety information., Weld

May 25, 2021, **Lentz, A.**, "Common Weeds of Colorado's Front Range", Denver County Master Gardener Continuing Education, Denver County Master Gardeners, There were technical difficulties so I ended up just doing a weeds Q/A session.

May 19, 2021, (Presenter) **Lentz, A.**, O'Meara, C. A., Anderson, C., O'Connor, A. S., Hammond, E., "Tree Team Training for CMGs - 2021 - Customer Service and Tree ID", Northern Front Range CMG Tree Team Training, Continuing Education, Continuing Education for Colorado Master Gardeners that will be serving on Tree Teams in Adams, Boulder, Broomfield, Larimer and Weld counties.

This class covered customer service when on a visit and how to identify commonly seen trees.

May 19, 2021, "Treasure Island Garden Workshop Series - 2021 - Bulbs, Tubers and Corms by Gina Solanyk", Treasure Island Demonstration Garden, Weld County Colorado Master Gardeners and the Town of Windsor, Workshop, We organized a series to have once-a-month gardening workshops to be held on a variety of topics from vegetables to plant selection. The series utilized mostly Weld County Colorado Master Gardeners to teach the classes. Tasks completed to host this series include scheduling, securing speakers, creating classroom materials and setting up the site, attending and hosting the events.

This class was taught on how to plant and store common garden bulbs and tubers such as dahlias and tulips and was taught by Weld CMG, Gina Solanyk.

May 13, 2021, "Berries for CO Gardens", Centennial Park Library Public Classes, High Plains Library District, Workshop, This class taught how to grow berries such as strawberries, blackberries, raspberries, currants and grapes. Topics included supplies needed, timing, technique and specific crop information., Weld

May 12, 2021, (Presenter) **Lentz, A.**, "Common Weeds of the Front Range", Northern Colorado Library Gardening Series, Clearview Library District and Loveland Library, This class was taught in cooperation with the Loveland Library and the Windsor Clearview Library. It was taught online and covered common weeds found typically in Larimer and Weld County.

May 7, 2021, "Weld CMG Garden Cleanup Day", Weld County Extension Demonstration Garden, Workshop, This was a hands-on workshop at the Weld County Extension Demonstration Garden where participants learned about the garden, how to maintain and prepare it for spring. They also learned about what plants work well in what place, including a wide variety of low-water plants.

May 1, 2021, "Weld CMG Social Seed Swap", Weld County Extension Office, Weld County Colorado Master Gardeners, Workshop, This was a local seed swap workshop for Weld County CMGs wishing to give or receive seeds and plant starts and tour the Weld Extension Demo Garden.

April 29, 2021, (Presenter) Gearhart, S., **Lentz, A.**, "Weld County CMG Virtual Kickoff Meeting - 2021", Weld County Colorado Master Gardener Meeting, Other, During this meeting, we went over what is happening with the CMG Program in 2021, had giveaways sprinkled throughout out time together, talked about farmers markets and other upcoming volunteer opportunities.

A packet of information was created by Sunshine Gearhart and Amy Lentz for each member and was delivered electronically as part of this meeting.

April 23, 2021, (Presenter) **Lentz, A.**, "Cut Flower Gardening", Front Range spring gardening series, This class was taught online in cooperation with the Loveland Library and the Windsor Clearview Library. This class taught how to grow cut flowers in a home garden setting including crop choice, garden setup, harvesting and other relevant information.

April 16, 2021, (Presenter) **Lentz, A.**, "CMG Apprentice-Mentor Online Local Orientation - 2021", Weld CMG Meetings, Colorado Master Gardener program, Workshop, This meeting was held online with new 2021 CMG apprentices and their mentoring teams (25 total) to meet and discuss the upcoming volunteer season., Weld

April 14, 2021, (Presenter) **Lentz, A.**, "Weld CMG Garden Help Desk Training", Weld County CSU Extension, Weld County Colorado Master Gardeners, This was an online training session for Weld CMG's to learn how to use the Garden Help Desk system at the Weld County Extension Office. It also covered how to effectively answer questions about trees, lawns and other plants from the public.

April 13, 2021, (Presenter) **Lentz, A.**, "Weld CMG Garden Help Desk Training", Weld County CSU Extension, Weld County Colorado Master Gardeners, This was an online training session for Weld CMG's to learn how to use the Garden Help Desk system at the Weld County Extension Office. It also covered how to effectively answer questions about trees, lawns and other plants from the public.

April 5, 2021, (Presenter) **Lentz, A.**, "Waterwise Basics: New to Colorado Landscaping", Resource Central Online Webinar Series, Resource Central, Seminar, I was invited to teach this class as part of an online learning series by Resource Central. I taught about how water conservation in the landscape can be accomplished through plant selection, utilizing water from rain and how to irrigate efficiently.

March 27, 2021, (Presenter) O'Connor, A. S., **Lentz, A.**, Koski, A. J., "Town of Windsor: Landscape Q&A", Landscape Basics, Town of Windsor Water and Sewer Board, Panel, This was a unique approach that allowed participants to watch 3 1-hour classes that were pre-recorded and posted online. Then the participants (those that had questions) could also join a live panel session with the authors to get answers to their individual questions. Flyer attached.

March 25, 2021, (Presenter) **Lentz, A.**, Anderson, C., "Green School: Vegetables", Green School Training, Workshop, Weekly live class to accompany online curriculum., Statewide

March 25, 2021, (Presenter) **Lentz, A.**, Ritchie, M., Topp, H., LaShell, B., "Produce Safety Alliance Grower Training-March", Produce Safety Alliance Grower Training, Produce Safety Alliance & Association of Food and Drug Officials, Continuing Education

March 24, 2021, (Presenter) **Lentz, A.**, Anderson, C., "Green School: Vegetables", Green School Training, Workshop, Weekly live class to accompany online curriculum., Statewide

March 23, 2021, (Presenter) **Lentz, A.**, "Weld CMG Coffee Thyme Webinars", Weld County CSU Extension, Weld County CSU Extension, These are online meetings/presentations for Weld CMG's to connect with each other and what is happening with the Weld CMG program. This one included a Grow & Give program update for recruitment.

March 16, 2021, (Presenter) **Lentz, A.**, "CMG Project Focus: Grow & Give", Colorado Master Gardener continuing education, This was a presentation for the Larimer Co. CMG group to introduce them to Grow & Give and highlight what happened in 2020 and how to participate in 2021.

March 16, 2021, (Presenter) **Lentz, A.**, "Showcasing Plant Select", Lakewood Garden Club Educational Offering to Members, Lakewood Garden Club, Continuing Education, The Lakewood Garden Club invited me to give a presentation to their members as part of their continuing education offerings. I chose to teach a class on Plant Select as it is an appropriate subject for creating sustainable, urban landscapes.

March 11, 2021, **Lentz, A.**, "Seed Starting", Centennial Park Library Public Classes, High Plains Library District, Workshop, This class taught how to start seeds indoors and included supplies needed, timing, technique and specific crop information., Weld

March 10, 2021, (Presenter) **Lentz, A.**, "Planning and Planting in Dry Shade", Greeley Landscape Lecture Series, Greeley Sewer and Water Department, I was invited to present a class on Planning and Planting in Dry Shade for the Greeley Landscape Lecture Series. It was conducted online. The class covered how to assess your landscape for shade vs sun and what to plant to conserve water that will live in part to full shade.

March 9, 2021, (Presenter) **Lentz, A.**, "Weld CMG Coffee Thyme Webinars", Weld County CSU Extension, Weld County CSU Extension, These are online meetings/presentations for Weld CMG's to connect with each other and what is happening with the Weld CMG program.

March 4, 2021, (Presenter) O'Connor, A. S., **Lentz, A.**, "Seed Starting and Container Gardening", Colorado State University College of Business, This class was taught for the College of Business and covered two subjects - Seed Starting (taught by Amy Lentz) and Container Gardening (taught by Alison O'Connor).

February 25, 2021, (Presenter) **Lentz, A.**, Ritchie, M., Topp, H., "Produce Safety Alliance Grower Training-February", Produce Safety Alliance Grower Training, Produce Safety Alliance & Association of Food and Drug Officials, Continuing Education

February 24, 2021, (Presenter) O'Connor, A. S., **Lentz, A.**, Hammond, E., Klett, J. E., "Evergreen Identification", ProGreen Expo, ProGreen Expo Horticulture Conference, ProGreen is a large educational conference for those working in the landscape industry. For this 1-hour session, this group (O'Connor, Lentz, Hammond and Klett) taught about identifying evergreen trees.

February 24, 2021, (Presenter) O'Connor, A. S., **Lentz, A.**, Hammond, E., Klett, J. E., "Shrub Identification", ProGreen Expo, ProGreen Expo Horticulture Conference, ProGreen is a large educational conference for those working in the landscape industry. For this 1-hour session, this group (O'Connor, Lentz, Hammond and Klett) taught about identifying landscape shrubs.

February 24, 2021, (Presenter) O'Connor, A. S., Klett, J. E., Hammond, E., **Lentz, A.**, "Tree Identification", ProGreen Expo, ProGreen Expo Horticulture Conference, ProGreen is a large educational conference for those working in the landscape industry. For this 1-hour session, this group (O'Connor, Lentz, Hammond and Klett) taught about identifying deciduous trees.

February 23, 2021, (Presenter) **Lentz, A.**, "Weld CMG Coffee Thyme Webinars", Weld County CSU Extension, Weld County CSU Extension, These are online meetings/presentations for Weld CMG's to connect with each other and what is happening with the Weld CMG program.

February 18, 2021, (Facilitator) Craver, J. K., Gutierrez-Rodriguez, E., Cranshaw, W. S., Jablonski, B. B., Thilmany, D. D., Pennington, W., Hill, A. E., Schumacher, R. S., "Colorado Fruit and Vegetable Growers Association 2021 virtual annual conference", Colorado Fruit and Vegetable Growers Association 2021 virtual annual conference, Colorado Fruit and Vegetable Growers Association, Conference, CSU Extension faculty and staff played lead roles in organizing, delivering, presenting and moderating for 275 attendees at the 2021 CFVGA annual conference. Presentations were prerecorded and delivered through the Pheedloop virtual platform synchronously to attendees., International

February 10, 2021, (Presenter) **Lentz, A.**, "Tree and Shrub Pruning", Northern Colorado Library Gardening Series, Clearview Library District and Loveland Library, This class was taught in cooperation with the Loveland Library and the Windsor Clearview Library. It was taught online and covered the basics and proper pruning techniques for trees and shrubs.

February 9, 2021, (Presenter) **Lentz, A.**, "Weld CMG Coffee Thyme Webinars", Weld County CSU Extension, Weld County CSU Extension, These are online meetings/presentations for Weld CMG's to connect with each other and what is happening with the Weld CMG program.

February 3, 2021, (Presenter) **Lentz, A.**, "JeffCo Orchard Management and Fruit Tree Pruning Workshop", Jefferson County Extension Office, Workshop, This was a 3-part workshop starting with Q/A session with JeffCo CMGs about establishing a Tree Team in Jefferson County. We then covered a handout about fruit tree pruning and basic techniques. We then spent the majority of the class conducting pruning demonstrations on the trees located in the orchard to the north of the Extension office.

January 11, 2021, (Presenter) O'Connor, A. S., **Lentz, A.**, "Waterwise Landscaping Tips and Tricks", Colorado State University Professional Development Institute, This was a class taught for the CSU Professional

Development Institute, covering how to care for your landscape while utilizing water conservation and sustainability techniques., Campus

December 17, 2020, (Presenter) Gearhart, S., **Lentz, A.**, "Weld Master Gardener Program Update", Weld County Extension Advisory Council December Meeting, Other, This presentation was given to our county's Extension Advisory Board to highlight what accomplishments had been made in the area of horticulture and the Master Gardener program., Weld

December 14, 2020, (Presenter) Dice, C., Sullins, M. J., Ritchie, M., **Lentz, A.**, Topp, H., "Produce Safety Alliance Online Grower Training-December 2020", Produce Safety Alliance Online Grower Training, Workshop

December 1, 2020, (Presenter) **Lentz, A.**, "Weld Master Gardener 'Ask Extension' Training", Weld County CMG Meetings, Other, This meeting was held to train a select group of Weld MG's on the new Ask Extension system that is replacing the Ask an Expert system. They each cover a weekly shift to answer horticulture questions that come to our account through this system., Weld

November 17, 2020, (Presenter) Gearhart, S., **Lentz, A.**, "Weld Master Gardener End of Year Celebration", Weld County CMG Meetings, Other, This meeting was held to celebrate the efforts of our county's CMG's. The program included a presentation with updates on volunteer opportunities throughout the year. There were also awards, door prizes, announcements and a fun game of Jeopardy., Weld

November 11, 2020, (Presenter) **Lentz, A.**, "Showcasing Plant Select", Clearview Library Monthly Gardening Series, Seminar, This class focused on the Plant Select program and the plants they promote in the nursery trade. The highlighted plants help with water conservation throughout the landscape and included trees, shrubs, flowers, and groundcovers., Statewide

October 16, 2020, (Presenter) O'Connor, A. S., **Lentz, A.**, Koski, A. J., "Train The Trainer; Colorado Gardening Basics", Colorado Master Gardener Statewide Conference, CSU, Continuing Education, Multistate

October 14, 2020, (Presenter) O'Connor, A. S., **Lentz, A.**, Koski, A. J., "Cold Hardy Cacti and Succulents and Succulent Pumpkin Craft", Clearview Library Monthly Gardening Series, Clearview Library, CSU Extension in Larimer and Weld County, Workshop, This class offered a webinar about cold hardy cacti and succulents that can be grown in Colorado, followed by a live demonstration of how to create a succulent pumpkin table centerpiece using plant material that can be collected from one's yard. The library provided at-home craft kits to go along with the demo., Statewide

October 4, 2020, (Presenter) **Lentz, A.**, "Water Conservation in the Landscape", Grand View Estates Home Owners Association Meeting, Grand View Estates Home Owners Association, Seminar, Adjusting to Colorado's gardening climate can be challenging, due to lower precipitation, wind, and proximity to the sun. Making a new or existing landscape more water-friendly is possible, with the right tools. This class covered recommendations on plant material, design suggestions, and maintenance approaches to keep your landscape sustainable and beautiful., Weld

September 29, 2020, (Presenter) Gearhart, S., **Lentz, A.**, "Weld Master Gardener Program Update", Weld County CMG Meetings, Other, This meeting was held to get our county's CMG's together during the time of staying at home due to COVID. The program included a presentation with updates on volunteer opportunities, followed by time for questions. Door prizes were also given out as part of a game., Weld

September 25, 2020, (Presenter) **Lentz, A.**, "Ornamental Grasses", Fall Gardening Webinar Series, Seminar, Statewide

September 17, 2020, (Presenter) **Lentz, A.**, "Season Extension", Centennial Library Public Classes, High Plains

Library District, Seminar, This class was taught online through the Centennial Library in Greeley using GoTo Meeting. The class taught how to extend the growing season for your vegetable garden, including hoop houses, cold frames and row covers., Weld

September 2, 2020, (Presenter) **Lentz, A.**, O'Connor, A. S., Koski, A. J., "Greeley Tree Walk", Training for Larimer and Weld CMG's, Weld and Larimer County CSUE, Workshop, This tree walk took place at Glenmere Park in Greeley. CMG's learned how to identify many landscape trees in an outside and in-person setting while following safety guidelines for COVID-19., Weld

August 26, 2020, (Presenter) **Lentz, A.**, O'Connor, A. S., Koski, A. J., "Windsor Tree Walk", Training for Larimer and Weld CMG's, Weld and Larimer County CSUE, Workshop, This tree walk took place at Main Park in Windsor. CMG's learned how to identify many landscape trees and turf species in an outside and in-person setting while following safety guidelines for COVID-19., Weld

August 19, 2020, (Presenter) **Lentz, A.**, O'Connor, A. S., Koski, A. J., "Loveland Tree Walk", Training for Larimer and Weld CMG's, Weld and Larimer County CSUE, Workshop, This tree walk took place around the grounds of the Loveland Library. CMG's learned how to identify many landscape trees in an outside and in-person setting while following safety guidelines for COVID-19., Larimer

August 12, 2020, (Presenter) **Lentz, A.**, "Water Conservation in the Garden", Clearview Library Monthly Gardening Series, Seminar, This class focused on water conservation throughout the landscape, including lawns, trees, shrubs, flower beds, and vegetable garden., Statewide

July 30, 2020, (Presenter) **Lentz, A.**, "Emerald Ash Borer and Replacement Trees", Centennial Library - Public Classes, High Plains Library District, Seminar, This class discussed Emerald Ash Borer, an invasive pest insect that threatens landscapes along the northern Front Range. Replacement trees also discussed., Weld

July 21, 2020, (Presenter) **Lentz, A.**, "Growing Herbs", Fort Lupton Library, High Plains Library District, Workshop, This class consisted of a presentation about how to grow herbs in Colorado's climate. It was delivered to a small group online, hosted by library staff., Weld

July 14, 2020, (Presenter) **Lentz, A.**, "Water Smart Tips and Tricks for Your Landscape", Lunch and Learn Series for CSU Alumni, CSU Alumni Association, Seminar, Colorado landscaping can use a great deal of our water resources. Water Smart Tips and Tricks for your Landscape will cover general maintenance guidelines and tips for water savings in your landscape, including proper lawn watering, low-water plant selections, and creating sustainable spaces such as raingardens! Join Amy Lentz to learn how to create beauty and biodiversity in your outdoor space through water conservation., Statewide

June 16, 2020, (Presenter) **Lentz, A.**, "Berries for the Colorado Garden", Centennial Library - Public Classes, High Plains Library District, Seminar, This class discussed how to grow small fruits such as strawberries, raspberries, blackberries, blueberries, currants and grapes in our Colorado climate, including pest control, cultural recommendations, and variety choices., Weld

June 10, 2020, (Presenter) **Lentz, A.**, "Berries for the Colorado Garden", May-June Gardening Webinar Series, Seminar, This class discussed how to grow small fruits such as strawberries, raspberries, blackberries, blueberries, currants and grapes in our Colorado climate, including pest control, cultural recommendations, and variety choices., Statewide

May 2020, (Presenter) **Lentz, A.**, "Coffee Thyme Master Gardener Online Get-Together", Weld CMG Meetings, Starting May 26 through June 30th we met online to connect, ask questions, get updates and enjoy short virtual garden tours.

May 27, 2020, (Presenter) **Lentz, A.**, "Water Smart Tips and Tricks", May-June Gardening Webinar Series, Seminar, Adjusting to Colorado's gardening climate can be challenging, due to lower precipitation, wind, and

proximity to the sun. Making a new or existing landscape more water-friendly is possible, with the right tools. Join Amy Lentz, CSU Extension Agent for Weld County for recommendations on plant material, design suggestions, and maintenance approaches to keep your landscape sustainable and beautiful., Statewide

May 21, 2020, (Presenter) **Lentz, A.**, "Cultivating Cut Flowers", Colorado Master Gardener Statewide Webinar, Continuing Education, This webinar covered fun facts about the cut flower industry, basics of establishing a home cut-flower garden, and the best varieties and practices for Colorado., Statewide

May 7, 2020, (Presenter) **Lentz, A.**, O'Connor, A. S., "Emerald Ash Borer for the Northern Front Range", May-June Gardening Webinar Series, Windsor Tree Board, Seminar, This class was taught to the public/residents who are in the Northern Front Range area of Colorado where Emerald Ash Borer is of recent concern. The class covers ash tree ID, EAB ID, how the insect damages trees, how to manage the pest and examples of replacement trees., Larimer

April 2020, "Tree Team Training Classes", Online Tree Team Training for Master Gardeners - 2020, Colorado Master Gardener program, Continuing Education, This online training was required for new and some returning Tree Team members in the Colorado Master Gardener program.

April 15 Tree Team Training: Tree Selection and Planting

May 5 Tree Team Training: Abiotic Tree Disorders

June 3Tree Team Training: Emerald Ash Borer, Other

April 29, 2020, (Presenter) **Lentz, A.**, "Weld County CMG Virtual Kickoff Meeting", Weld CMG Meetings, Other, During this meeting, we went over some online safety concerns, had giveaways sprinkled throughout out time together, covered what Master Gardeners can be doing and not doing during Covid19, talked about TIDG & Garden Help Desk and such. A manual was created by Sunshine Gearhart and Amy Lentz for each member and was delivered electronically as part of this meeting.

April 22, 2020, (Presenter) **Lentz, A.**, "Showcasing Plant Select", Clearview Library Garden Club Series, Workshop, This class was originally planned as a live class, however, was switched to a recorded class with follow-up through email due to zoom security issues that had occurred the week prior. The class highlights a wide range of plants offered through the Plant Select program including cultural needs, native or introduced range, and other facts about individual plant selections (trees, shrubs, groundcovers, and perennials)., Statewide

April 21, 2020, (Presenter) **Lentz, A.**, "CMG Apprentice-Mentor Online Local Orientation", Weld CMG Meetings, Colorado Master Gardener program, Workshop, This meeting was held online with new 2020 CMG apprentices and their mentors (24 total) to meet and discuss the upcoming volunteer season., Weld

April 20, 2020, (Presenter) **Lentz, A.**, O'Connor, A. S., "Emerald Ash Borer: What You Need to Know and Replacement Shade Trees", Colorado Master Gardener continuing education, Colorado State University, Session

April 8, 2020, (Presenter) **Lentz, A.**, "Water Smart Tips and Tricks for Your Landscape", Waterwise Landscape Seminar Series, Resource Central, Seminar, Adjusting to Colorado's gardening climate can be challenging, due to lower precipitation, wind, and proximity to the sun. Making a new or existing landscape more water-friendly is possible, with the right tools. Join Amy Lentz, CSU Extension Agent for Weld County for recommendations on plant material, design suggestions, and maintenance approaches to keep your landscape sustainable and beautiful., Statewide

April 4, 2020, (Presenter) Koski, A. J., O'Connor, A. S., **Lentz, A.**, "Yard and Garden Bootcamp Series", Spring Gardening Webinar Series, Windsor Water and Sewer Board (previously to be in-person), Workshop, This series was originally planned as an in-person training to help residents care for their landscapes, but was moved online format and increased the registration substantially from around 50 to over 600.

Best Lawn on the Block (Bootcamp) - Saturday, April 4th at 9 am by Tony Koski
Trees and Shrubs (Bootcamp) - Saturday, April 11th at 9 am by Alison O'Connor Water-wise Gardens
(Bootcamp) - Saturday, April 18th at 9 am by Amy Lentz, Statewide

March 31, 2020, (Presenter) **Lentz, A.**, "Remote Help Desk Training for Weld CMG's", Online Meeting for Weld County, Weld CMG Program, Workshop, This training was held to train the Weld County Colorado Master Gardeners on how to access the county's garden help line from a remote location during the office closure due to COVID. I developed a new system, taught three training sessions, updated statistics multiple times per week, and helped MG's individually with questions., Weld

March 27, 2020, **Lentz, A.**, "Live Vegetables Q&A", Colorado Master Gardener Training, Workshop, Vegetable Review session for 2020 Colorado Master Gardener Training. This 2-hour review session was held online and joined by CMG's statewide to ask questions about the Vegetables module., Statewide

March 25, 2020, (Presenter) O'Connor, A. S., **Lentz, A.**, "Live Trees Q&A", Colorado Master Gardener Training, Workshop, Tree review session for 2020 Colorado Master Gardener Training. This 2-hour review session was held online and joined by CMG's statewide to ask questions about the Tree Care and Planting module., Statewide

March 11, 2020, (Presenter) **Lentz, A.**, "Seed Starting", Fort Lupton Library, High Plains Library District, Workshop, This class consisted of a presentation followed by a hands-on workshop where each participant was able to plant several vegetable seeds and take home seed packets., Weld

March 7, 2020, (Presenter) **Lentz, A.**, Hammond, E., "Fruit Tree Pruning Workshop", Edison School Community Garden, Denver Urban Gardens, Workshop, This was a hands on class in fruit tree pruning techniques for members of the community garden and local residents. The class included both an oral presentation and a hands-on demonstration., Denver

March 5, 2020, (Presenter) **Lentz, A.**, "Fruit Tree Pruning for Weld County Apple Orchard Growers", Weld County Extension, Workshop, This class was for owners and employees of 3 different apple orchards in Weld County - Worrell Orchards, Adams Apple Orchard and Starlight in Ault and Eaton. The class was held as an oral presentation at our Extension office. I followed up with each for a site visit to demonstrate pruning and to do an orchard assessment., Weld

March 4, 2020, (Presenter) **Lentz, A.**, "Fruit Tree Pruning Workshops at Raindance", Raindance Community in Windsor, Raindance Community, Workshop, Classes were attended by Weld and Larimer Master Gardeners and Raindance residents. The classes were made up of an oral presentation followed up by practicing the newly learned techniques in the orchards located throughout the development. I taught a total of 3 classes taught for MG's and residents. MG's were able to volunteer at the later class to assist if they had completed an earlier training., Weld

February 21, 2020, **Lentz, A.**, "Fruit Tree Pruning Class and Hands-On Workshop", Jefferson County Extension Office, Jefferson County Extension Office, Workshop, This class covered fruit tree pruning, from young to mature trees, a hands-on pruning activity on trees located in the demonstration garden and orchard plot. MG's were asked to bring pruners, loppers and outdoor weather attire., Jefferson

February 19, 2020, (Presenter) O'Connor, A. S., Hammond, E., **Lentz, A.**, Gearhart, S., "Winter Tree Identification", Colorado Master Gardener continuing education, Adams, Boulder, Larimer, and Weld County Extension, Workshop, This was a continuing education class for Master Gardener volunteers, focusing on winter tree identification., Boulder

February 18, 2020, **Lentz, A.**, "Tree and Shrub Pruning", Centennial Park Library Public Classes, High Plains Library District, Workshop, This class taught the various pruning methods including where to make pruning cuts, how much to cut off depending on the type of tree or shrub, and when is the best time to prune trees and

shrubs., Weld

February 11, 2020, **Lentz, A.**, "Produce Safety Alliance Training - 'Wildlife, Domesticated Animals, and Land Use' module", Colorado State University Graduate Course - CO-200122-GR, Seminar, This course was for graduate students studying food systems. I was asked to come to campus to teach the 'Wildlife, Domesticated Animals, and Land Use' module (Mod. 4) as part of the Produce Safety Alliance training curriculum. This was an expanded version of the module that dove deeper into the specifics of the Produce Safety Rule and historical events pertinent to the topic., Larimer

February 10, 2020, (Presenter) Dice, C., Sullins, M. J., **Lentz, A.**, Goldhamer, D. A., "Produce Safety Alliance Grower Training", Produce Safety Alliance Grower Training - Aurora, Workshop, Arapahoe

February 6, 2020, (Presenter) **Lentz, A.**, "Ornamental Grasses for Colorado Landscapes", ProGreen Expo 2020, Multiple sponsors, Conference, Ornamental Grasses for Colorado is a class that I designed to show what types are best for our unique landscape. These include ornamental grasses that are both cool or warm season, and suited for dry or moist sites. PDF version attached., Statewide

February 5, 2020, (Presenter) O'Connor, A. S., Koski, A. J., **Lentz, A.**, Davidson, D. T., Mason, L., "Turfgrass Identification", ProGreen Expo, Workshop, Invited, This hands-on class covers the basics of identifying turfgrass and common weedy grasses in Colorado., Statewide

February 5, 2020, (Presenter) Klett, J. E., Hammond, E., **Lentz, A.**, "Woody Plant Identification", ProGreen Expo 2020, Multiple sponsors, Conference, Invited, From the ProGreen Expo 2020 Website:

ProGreen EXPO is the only green industry conference in the Rocky Mountain Region of its kind. More than 6,000 green industry professionals gather every year at the Colorado Convention Center in Denver to gain vital knowledge and skills to improve business, educate employees and discover the latest information for the upcoming season., Statewide

January 24, 2020, **Lentz, A.**, "Meet and Greet for New Apprentices - Larimer and Weld County", Colorado Master Gardener Training, Workshop, Larimer

January 15, 2020, (Presenter) **Lentz, A.**, O'Connor, A. S., "Emerald Ash Borer: What You Need to Know and Replacement Shade Trees", Professional Development Institute (PDI), Colorado State University, Conference, Larimer

January 8, 2020, (Presenter) **Lentz, A.**, "Ornamental Grasses for Colorado", Clearview Library Garden Club Series, Windsor Clearview Library, Workshop, 1 hour class on good choices of ornamental grasses for Colorado landscapes., Weld

OTHER ACTIVITIES/ACCOMPLISHMENTS – PUBLICATIONS/SCHOLARLY RECORD

(August 7, 2024). Tour of Facilities, Horticulture and Landscape Architecture Department, Fort Collins, Colorado, United States. Approximate Number of Hours Spent Per Year: 20, Tour of Hort Center greenhouse, PGF, Nutrien Building and CSU Trial Gardens.

(October 23, 2023). Tour of Facilities, "Colorado State Forestry Nursery Tour," CSFS, Fort Collins, Colorado, United States. Approximate Number of Hours Spent Per Year: 3, Monday, October 23 - Colorado State Forest Service Tour of greenhouse, storage and propagation facilities.

(September 20, 2023). Field Day, "ARDEC South Horticulture Specialty Crops Field Day," CSU HLA Department, Fort Collins, CO, United States. Approximate Number of Hours Spent Per Year: 5, Spend the

morning at ARDEC-South (formerly known as the "Hort Farm") to learn more about the current research happening on site, including the CMG Pepper Trials.

(June 15, 2023). Conference Attendance, "Plant Select Annual Meeting - 2023," Plant Select, Denver Botanic Gardens, Denver, CO, United States. Approximate Number of Hours Spent Per Year: 6, Plant Select Annual Meeting. This event was held at Denver Botanic Gardens.

(February 25, 2023). Conference Attendance, "Landscaping with Colorado Native Plants Conference - 2023," Colorado Native Plant Society, United States. Approximate Number of Hours Spent Per Year: 5, Attended virtual conference online concerning native plants for Colorado.

(January 15, 2023). Continuing Education Program, "The Art & Science of Espalier," Fort Collins Nursery, Fort Collins, Colorado, United States. Approximate Number of Hours Spent Per Year: 1.5, Taught by a Larimer County Master Gardener and expert on espalier fruit trees in Europe.

(December 15, 2022). Continuing Education Program, "Civil Rights and Equal Opportunity Cohort Conversation," CSU Extension, United States. Approximate Number of Hours Spent Per Year: 3, Completed online videos and modules and attended an online workshop with other staff.

(December 14, 2022). Conference Attendance, "Rocky Mountain Regional Turfgrass Conference - 2022," Rocky Mountain Regional Turfgrass Association, Loveland, CO, United States. Approximate Number of Hours Spent Per Year: 4, Attended conference and tradeshow.

(October 24, 2022 - October 27, 2022). "Fall Forum," CSU Office of Extension and Engagement, Ft. Collins, CO, United States. Approximate Number of Hours Spent Per Year: 20, Attended the annual Extension Forum event in Fort Collins, in-person to meet with coworkers, collaborate, plan and celebrate each other.

(October 19, 2022). Continuing Education Program, "EPIC Webinar - Disease Diagnosis with Rainbow EcoScience," Emerging Pests in Colorado and Rainbow EcoScience, United States. Approximate Number of Hours Spent Per Year: 2, Information shared on emerging pests in Colorado.

(October 11, 2022 - October 13, 2022). Workshop, "Horticulture Diagnostic Workshop at CSU Spur," CSU Plant Diagnostic Clinic, Denver, CO, United States. Approximate Number of Hours Spent Per Year: 24, Three-day diagnostic course facilitated by the CSU Plant Diagnostic Clinic and open to Colorado Master Gardener volunteers, CSU staff and CSU faculty. Hands-on activities and lectures provided.

(September 20, 2022 - September 22, 2022). Conference Attendance, "National Extension Master Gardener Coordinator Conference," Extension Master Gardener National Committee, Savannah, Georgia, United States. Approximate Number of Hours Spent Per Year: 25, The 2022 Extension Master Gardener National Coordinators' Conference is a professional development opportunity for state and county Extension Master Gardener Coordinators from across the country. September 20-22, 2022 - in Savannah, Georgia.

(September 21, 2022). Continuing Education Program, "EPIC Webinar - Spruce Ips Beetle," Emerging Pests in Colorado, United States. Approximate Number of Hours Spent Per Year: 2, Information shared on emerging pests in Colorado.

(August 24, 2022). Continuing Education Program, "Webinar - Overcoming HOA Barriers to Landscape Conversion Projects," Colorado Waterwise, United States. Approximate Number of Hours Spent Per Year: 2, Information shared from experts who have dealt with converting from turf to xeric landscapes. Northern Water experts and others from around the US.

(August 18, 2022). Continuing Education Program, "EPIC Webinar - STEP Tree Evaluation Program and Colorado Tree Coalition Update," Emerging Pests in Colorado, Northglenn, CO, United States. Approximate

Number of Hours Spent Per Year: 2, Information shared on emerging pests in Colorado.

(August 4, 2022). Workshop, "City of Boulder Tree Tour," City of Boulder - Forestry, Boulder, Colorado, United States. Approximate Number of Hours Spent Per Year: 5.

(August 3, 2022). Continuing Education Program, "Rocks, Karma, Arrows PART 1 of 2," Boulder County Government, United States. Approximate Number of Hours Spent Per Year: 2, Diversity training from Boulder County Government's CRISP Education Subcommittee.

(July 19, 2022). Workshop, "Twilight Garden Series," Gardens on Spring Creek, Fort Collins, CO, United States. Approximate Number of Hours Spent Per Year: 2.

(June 29, 2022). Continuing Education Program, "EPIC Webinar - Environmental Effects on Landscape Trees," Emerging Pests in Colorado, Northglenn, CO, United States. Approximate Number of Hours Spent Per Year: 2, Information shared on emerging pests in Colorado.

(June 21, 2022). Continuing Education Program, "ESP Webinar: Happy Hacks with Dr. Dave Schramm," Epsilon Sigma Phi, United States. Approximate Number of Hours Spent Per Year: 2, Information shared on how to have positivity in your work and stay motivated.

(June 17, 2022). Continuing Education Program, "Brownbag: Explorando Senderos," Boulder County Government, United States. Approximate Number of Hours Spent Per Year: 2, Lunch webinar highlighting the Explorando Senderos program in Boulder County.

(June 15, 2022). Continuing Education Program, "Webinar - CMG Diagnostics: Introduction to Noxious Weeds," Colorado Master Gardener Program - Continuing Education Series, United States. Approximate Number of Hours Spent Per Year: 2, Colorado Master Gardener Program - Continuing Education Series.

(June 14, 2022). Continuing Education Program, "Virtual Town Hall: Spotted Lanternfly - Management Strategies and the Latest Updates," Rainbow Ecoscience, United States. Approximate Number of Hours Spent Per Year: 5, Information shared on Spotted Lanternfly, an important destructive pest that might show up in Colorado at some point.

(June 9, 2022). Conference Attendance, "Plant Select Annual Meeting - 2022," Plant Select, Denver Botanic Gardens, Denver, CO, United States. Approximate Number of Hours Spent Per Year: 6, Plant Select Annual Meeting. This event was held at Denver Botanic Gardens.

(June 7, 2022). Continuing Education Program, "Webinar - The Intersection of Fire and Water-Wise Landscapes," Colorado Waterwise, United States. Approximate Number of Hours Spent Per Year: 2, Information shared from experts who have dealt with wildfires in California and Colorado.

(May 19, 2022). Continuing Education Program, "EPIC - FRUFC - Spotted Lantern Fly Update and Scouting Options," Emerging Pests in Colorado and Front Range Urban Forestry Council, Northglenn, Colorado, United States. Approximate Number of Hours Spent Per Year: 6, Information shared on emerging pests in Colorado.

(May 11, 2022). Professional Meeting, "CSU Extension - Front Range Regional Meeting - 2022," CSUE, Denver, Colorado, United States. Approximate Number of Hours Spent Per Year: 8, CSU Extension - Front Range Regional Meeting – 2022. This meeting occurred at CSU SPUR in Denver.

(April 25, 2022). Continuing Education Program, "Webinar - Major Insect Pests in Trees," Colorado Master Gardener Program - Continuing Education Series, United States. Approximate Number of Hours Spent Per Year: 2, Colorado Master Gardener Program - Continuing Education Series.

(March 30, 2022). Continuing Education Program, "Webinar - Butterfly Research by Jan Chu," Colorado Master Gardener Program - Continuing Education Series, United States. Approximate Number of Hours Spent Per Year: 1, Colorado Master Gardener Program - Continuing Education Series.

(November 8, 2021 - November 10, 2021). "Fall Forum," CSU Office of Extension and Engagement, Ft. Collins, CO, United States. Approximate Number of Hours Spent Per Year: 20, Attended the annual Extension Forum event in Fort Collins, in-person to meet with coworkers, collaborate, plan and celebrate each other.

(October 26, 2021). "Annual Water Conservation Symposium - 2021," Colorado Waterwise, Denver, CO, United States. Approximate Number of Hours Spent Per Year: 7, Shifting the Landscape: Urban Agriculture and Community Gardening

Landscape Contractor Certification Update

Updates from the 2020 State of Urban Water Conservation Study

Need funds for your next great project? Grants and Funding Opportunities Overview.

(September 15, 2021 - October 6, 2021). Seminar, "Fall Stewardship for Small Acreages Speaker Series," CSUE - Natural Resource PRU, United States. Approximate Number of Hours Spent Per Year: 6, Attended classes online for this series on Wednesday evenings in September and October.

Dryland Pasture Management

Fall Noxious Weed Management

Living with Wildlife and Protecting Livestock

Forest Stewardship.

(September 28, 2021 - September 29, 2021). Conference Attendance, "Salazar Center Symposium," CSU - Salazar Center, United States. Approximate Number of Hours Spent Per Year: 13, Salazar Center for North American Conservation at Colorado State University International Symposium on Conservation Impact.

(September 17, 2021). Workshop, "Horticulture Tour: Denver Zoo," Larimer County Horticulture Program, Denver, CO, United States. Number of Credit Hours: 4.

(September 15, 2021). Workshop, "Weld County - Workplace Respect," Weld County Government, Greeley, CO, United States. Approximate Number of Hours Spent Per Year: 3.

(September 7, 2021). Workshop, "Twilight Garden Series - Fall Tasks," Gardens on Spring Creek, Fort Collins, CO, United States. Approximate Number of Hours Spent Per Year: 2, Tool Care – The Gardens on Spring Creek Staff

Fall Perennial Care – Kelly Kellow, Horticulturalist, The Gardens on Spring Creek

Turf Care – Tony Katski, Extension Turf Specialist.

(August 19, 2021). Continuing Education Program, "Webinar: CMG Accounting and Kuali Training," Colorado Master Gardener Program, United States. Approximate Number of Hours Spent Per Year: 1, Colorado Master Gardener Program - training for using the Kuali system for CMG funds.

(June 17, 2021). Conference Attendance, "Plant Select Annual Meeting - 2021," Plant Select, Denver Botanic Gardens, Denver, CO, United States. Approximate Number of Hours Spent Per Year: 6, Plant Select - Pioneering: Past, Present & Future. This event was held at Denver Botanic Gardens.

(April 30, 2021). Professional Meeting, "Northern Water's Spring Water Efficiency Stakeholder Meeting," Northern Water, Berthoud, CO, United States. Approximate Number of Hours Spent Per Year: 2, Attended meeting virtually in 2021.

(April 22, 2021 - April 23, 2021). Professional Meeting, "CSU Extension - Front Range Regional Meeting - 2021," CSUE, United States. Approximate Number of Hours Spent Per Year: 8, CSU Extension - Front Range Regional Meeting – 2021. This meeting occurred remotely, online.

(March 6, 2021). Workshop, "High Plains Landscape Workshop," High Plains Environmental Center, Loveland, CO, United States. Approximate Number of Hours Spent Per Year: 4, Attended conference virtually in 2021.

(February 27, 2021). Conference Attendance, "Landscaping with Colorado Native Plants Conference - 2021," Colorado Native Plant Society, United States. Approximate Number of Hours Spent Per Year: 7, Attended virtual conference online concerning native plants for Colorado.

(February 17, 2021). Continuing Education Program, "Webinar - The Basics of Bonsai," Colorado Master Gardener Program - Continuing Education Series, United States. Approximate Number of Hours Spent Per Year: 1, Colorado Master Gardener Program - Continuing Education Series.

(February 16, 2021). Continuing Education Program, "Webinar - Plant Propagation at Bailey Nursery by Jeff Stoven," Colorado Master Gardener Program - Continuing Education Series, United States. Approximate Number of Hours Spent Per Year: 1, Colorado Master Gardener Program - Continuing Education Series.

(January 20, 2021). Continuing Education Program, "Webinar: Alaska Blooms: Peony Production," Colorado Master Gardener Program - Continuing Education Series, United States. Approximate Number of Hours Spent Per Year: 1, Colorado Master Gardener Program - Continuing Education Series.

(January 13, 2021). Continuing Education Program, "Webinar: On-Farm Composting," Produce Safety Alliance, United States. - Learn how compost production and the FMSA Produce Safety Rule intersect.

(August 19, 2020). Conference Attendance, "Plant Select Annual Meeting - 2020," Plant Select, Denver Botanic Gardens, Denver, CO, United States. Approximate Number of Hours Spent Per Year: 6, The 2020 Plant Select Annual Meeting, August 19, 2020, Zoom

Resilient Perennials from the Great Plains

Practical Rock Gardens: Creating the Spirit of the Peaks with Smarter Plants

Mid-Elevation Treasures from Foothills, Montane and Subalpine.

(February 24, 2020). Conference Attendance, "Colorado Fruit and Vegetable Association (CFVGA) 2020 Conference," CFVGA, Denver, CO, United States. Approximate Number of Hours Spent Per Year: 10, State fruit and vegetable growers conference. Conference break-out sessions include educational content on agricultural labor, organic rule changes, issues specific to small and beginning farmers, etc.

(February 20, 2020). Continuing Education Program, "Search Committee Member Training," Colorado State University - OEO, Fort Collins, Colorado, United States. Approximate Number of Hours Spent Per Year: 4, From the OEO description:

During this training session, participants will learn about the CSU search process for Administrative Professionals and Faculty from the perspective of a search committee member.

(January 7, 2020). Conference Attendance, "Colorado Food Summit," Colorado State University Extension - Food Systems, Denver, Colorado, United States. Approximate Number of Hours Spent Per Year: 10, This meeting was convened to advance food policies that support urban-rural connections and to connect Colorado's food system.

CV SECTION 3: EVIDENCE OF TEACHING AND ADVISING EFFECTIVENESS

TEACHING:

<u>Year</u>	<u>Semester</u>	<u>Course No./Title</u>	<u>Cr. Hrs.</u>	<u>Enrollment</u>	<u>Contact Hours Lecture</u>	<u>Contact Hours Lab</u>	<u>Contact Hours Recitation</u>
2024	Fall	HORT454 - Horticulture Crop Production and Management	2	28	30		
2024	Fall	HORT454 - Horticulture Crop Production and Management	2	16	30		
2024	Fall	HORT260 - Plant Propagation	4	31	45		
2024	Fall	HORT260 - Plant Propagation	4	42	45		
2024	Fall	HORT260 - Plant Propagation - Lab	0	9		25	
2024	Fall	HORT260 - Plant Propagation - Lab	0	14		25	
2024	Fall	HORT260 - Plant Propagation - Lab	0	8		25	
2024	Fall	HORT784 - Supervised College Teaching	18	5	15		
2024	Spring	HORT454 - Horticulture Crop Production and Management	2	25	30		
2024	Spring	HORT454 - Horticulture Crop Production and Management	2	37	30		
2024	Spring	HORT260 - Plant Propagation	4	61	45		
2024	Spring	HORT260 - Plant Propagation	4	9	45		
2024	Spring	HORT260 - Plant Propagation - Lab	0	19		25	
2024	Spring	HORT260 - Plant Propagation - Lab	0	19		25	

2024	Spring	HORT260 - Plant Propagation - Lab	0	23		25	
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ADVISING:

STUDENT ADVISING/GRADUATE SUPERVISION

Current Graduate Committee Memberships (excluding those chaired):

0	# Plan C
0	# Plan B
0	# Plan A
0	# MS/MA (no plan)
0	# PhD

Graduate Committee Memberships (for past 5 years, not including those above)

0	# Plan C
0	# Plan B
0	# Plan A
0	# MS/MA (no plan)
0	# PhD

OTHER ACTIVITIES/ACCOMPLISHMENTS – TEACHING/ADVISING

CV SECTION 4: Evidence of Outreach/Service

COMMITTEES

Produce Safety Collaborative, Committee Member, N/A, Colorado, United States, (June 25, 2019 - Present).

Colorado Produce Safety Collaborative, Committee Member, N/A, Colorado, United States, (January 1, 2022 - March 18, 2022).

Colorado Produce Safety Collaborative, Committee Member, N/A, Colorado, United States, (January 1, 2021 - December 31, 2021).

PlantTalk, Committee Member, Ft. Collins, CO, United States, (June 2020 - Present).

Grow & Give, Committee Member, N/A, Colorado, United States, (April 2020 - Present).

HLA Recruitment Event with Weld County 4-H, Facilitator, Fort Collins, Colorado, United States, (August 7, 2024).

HLA Come to the Table Planning Team, Committee Member, For, Colorado, United States, (January 2023 - December 2023).

Grow & Give, Committee Co-Chair, N/A, Colorado, United States, (January 1, 2021 - December 31, 2022).

Newcomer to Colorado Working Group, Committee Chair, Fort Collins, Colorado, United States, (October 2019 - December 2020).

CSUE Search Committee for Broomfield and Adams County Extension Program Associate, Committee Member, Broomfield, CO, United States, (October 17, 2022 - December 8, 2022).

Boulder County Fair - Round Robin Event, Tabulator of Results, Committee Member, Longmont, CO, United States, (August 13, 2022).

Weld County Fair Superintendent of Flower and Vegetable Shows, Committee Chair, Greeley, CO, United States, (July 2021).

CSUE Search Committee for Weld County Director, Committee Member, Greeley, CO, United States, (May 20, 2021 - August 31, 2020).

Weld County CSUE Interviews for FCS Agent Position, Attendee, Meeting, Greeley, CO, United States, (July 1, 2020).

Annie's Project, Meeting Organizer, Greeley, Colorado, United States, (September 18, 2019 - March 12, 2020).

PROFESSIONAL AFFILIATIONS AND ACTIVITIES

Epsilon Sigma Phi. (November 2021 - Present).

Emerging Pests in Colorado. (2018 - Present).

Epsilon Sigma Phi. (November 2021 - December 2023).

Epsilon Sigma Phi. (November 2019 - November 2021).

How to Protect Plants from Frost in the Fall and Spring - MarthaStewart.com, Interviewed for content -

Published: How to Protect Plants from Frost in the Fall and Spring
(marthastewart.com).

How to Keep Weeds Out of Your Lawn - MarthaStewart.com, Interviewed for content -

Published: How to Keep Weeds Out of Your Lawn Without Chemicals (marthastewart.com).

Officer, Secretary, Epsilon Sigma Phi (ESP) - Zeta Chapter, Ft. Collins, CO. (November 2021 - Present).

Committee Member, Tree Advisory Council - Town of Berthoud, Berthoud, Colorado. (August 2021 - Present).

Committee Member, Treasure Island Demonstration Garden Supervisors, Windsor, CO. (March 2021 - Present).

Committee Member, Treasure Island Demonstration Garden Supervisors, Windsor, CO. (March 2020 - Present).

Committee Member, Emerging Pests In Colorado (EPIC), N/A, N/A. (February 25, 2020 - Present).

Member, Colorado County Agents Association (CCAA), Ft. Collins, CO. (November 2016 - Present).

OTHER ACTIVITIES/ACCOMPLISHMENTS – SERVICE/OUTREACH

Board Member, Vice Chair (2023) Tree Advisory Council - Town of Berthoud, Severance, Colorado. (November 2021 - present).

Vice Chair, Tree Board - Town of Severance, Severance, Colorado. (January 2019 - August 2021).

Judge for Contest, ProGreen Expo - Potting Challenge, Dever, Colorado. (January 6, 2020).
